



Twins Jack and Wolfe were born just 11 months after Charlie.

Aussie mum's shock

'I had three babies in 11 MONTHS!'

This Sydney mother fell pregnant with twins just six weeks after giving birth to her first daughter
writes KRISTINE TARBERT

New mum Eliza Curby has had to learn how to juggle pretty quickly. In January last year, Eliza and her partner Ben welcomed baby girl Charlie. Six weeks later she found out she was pregnant again, with identical twins, and in December the couple welcomed boys Jack and Wolfe. That's three babies in less than a year!

Eliza and Ben, 39, had only been dating three months when she fell pregnant with Charlie, but they'd already spoken about having a family.

"We'd discussed it but wanted to wait a little while. So we fell pregnant sooner than anticipated but it was definitely something we welcomed," says Eliza, who was studying for a psychology degree at the time, which she's now put on hold.

Eliza remembers feeling particularly exhausted in the weeks after having Charlie, even though she already knew the first six weeks with a newborn would be the hardest.

"In an ideal world we would have waited at least six months before having another baby,"

Eliza, 27, tells *Woman's Day* exclusively. "When the doctor told us there were two, Ben's face went white and I started laughing because I was petrified.

"I started Googling 'three under one' and not much came up at all. There wasn't anything I could read to tell me what that would be like, so I was freaking out."

It took four pregnancy tests to confirm her suspicion she was in fact expecting again. But nothing could have prepared her for the news it would be twins.

"At first I was in denial - every time I started thinking about logistics I got so nervous wondering how we'd do with two more," she says.

"I'm a highly organised person, so I got knee-deep in research, looking up prams, cars, what's recommended for twins... Did we need swings, baby carriers? I probably got a bit obsessed."

By December the time for planning was over and, after a problem-free pregnancy, Jack and Wolfe joined the family. In terms of logistics, three under one means having three of everything: baby carriers, capsules, highchairs, cots - and a new car.

"I used to drive a Swift, but three baby capsules won't fit across most of the biggest five-seater cars, so off we went car shopping, and now I drive a big mama VW van!"

"We were lucky our pram had an attachment so it could become a twin pram, because the expense of all the things you need with twins is enormous.

"On top of that, having a one-year-old is crazy - the amount of nappies, wipes, bottles and formula we use is insane."

The couple now have a good routine, with Eliza busy feeding, burping, changing nappies and putting the twins to bed throughout the day, while Ben helps feed Charlie and keep her occupied before he leaves for work in the afternoon.

'I got knee-deep in research, looking up prams, cars, what's recommended...'

"It's handy for me but I really feel for Ben - I couldn't do it without him. He is so supportive," she says.

In what little spare time she has, Eliza writes a blog called *Twingenuity*, to talk about her experiences as a mother and to connect with other mums.

"There's no real alone time - you either have one child, two or three, and sometimes I feel like I'm drowning in babies. So to write to others and read from others helps."

Eliza says she and Ben have talked about getting married, and she hopes to finish her degree and start working in the field, while also growing her blog.

"For now it's all about the kids, the plan is to get through the next



It's a logistical nightmare with three kids under one, but Eliza wouldn't have it any other way!

Only in WOMAN'S DAY

eight months or so, and not worry about anything else," Eliza says, admitting she'd be open to having another baby down the track.

"I always wanted four kids and Ben thought two. We were blessed with three. **Deep down I'd like another one, but for us as a family three is the perfect number, and I'm very content!**"

As she skilfully balances Jack in one arm and Wolfe in the other, while Charlie climbs across her back, Eliza has one piece of advice for other mums.

"Don't let today define tomorrow," she says. "Having a really great day doesn't mean tomorrow is going to be fantastic, so don't have those expectations from one day to the next."

"And in the same way, if you have a really shocking day, don't let it define the next day either!"

By the numbers

- They go through 20 nappies a day (that's 140 a week).
- They use at least three packets of baby wipes a week.
- Eliza expresses up to eight times a day.
- The family get through 20 bottles every day!



Eliza and Ben have their baby routine sorted!

Pictures: David Hahn/bauersyndication.com.au, iStock, Hair & makeup: Kristin Brett.